



## Free Support for Prostate Cancer Patients

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The practical challenges of prostate cancer can be overwhelming and stressful. ZERO360 is a free, comprehensive service, staffed by case managers who help patients and their families:

- navigate insurance
- find resources to help pay for treatment and living expenses
- connect with emotional support services
- ensure access to care

*"ZERO360 was the lifeline I needed."*

*John, Stage III Prostate Cancer Patient*

## Contact a ZERO360 Case Manager Today!

Call **844-244-1309** (Toll-Free) Monday–Friday 8:30 a.m. - 5:00 p.m. ET (Closed on Holidays)  
or Visit the Online Portal at **[zero360.pafcareline.org](http://zero360.pafcareline.org)**

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Visit **[zerocancer.org/zero360](http://zerocancer.org/zero360)** for additional information and to enroll.

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**ZERO**<sup>®</sup>  
PROSTATE CANCER

# PROSTATE CANCER SUPPORT PROGRAMS

## **Us TOO Support Groups** [zerocancer.org/supportgroups](https://zerocancer.org/supportgroups)

A variety of peer-led virtual and in-person groups are available offering emotional support, resources, and education to empower those impacted by prostate cancer to make informed decisions on testing, treatment, and management of side effects.

## **MENtor** [zerocancer.org/mentor](https://zerocancer.org/mentor)

A one-to-one peer support network where trained, volunteer MENtors have a wealth of insights to share based on their experiences.

## **Online Support Services**

ZERO Connect ([facebook.com/groups/zeroconnect](https://facebook.com/groups/zeroconnect)) is a Facebook-based support group for participants to share stories, ask questions, and connect. An invite-only Facebook group also exists for Black men/caregivers (email [healthequity@zerocancer.org](mailto:healthequity@zerocancer.org) for information).

The Inspire Online Support Community ([zero.inspire.com](https://zero.inspire.com)) connects patients and loved ones to enhance the quality of life for all those affected by prostate cancer.

## **Educational Resources** [zerocancer.org/learn](https://zerocancer.org/learn)

ZERO offers a variety of educational resources and events for prostate cancer awareness, screening, treatment, and side effects.



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*“Once our support group began, we became each other’s sounding board, support system, and newfound friends in the fight against prostate cancer.”*

Ken, ZERO Us TOO  
Support Group Leader

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